

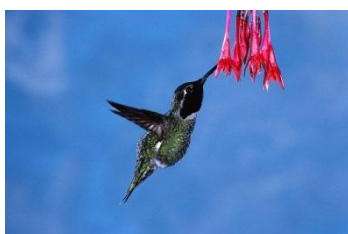
# Attracting Hummingbirds



Humming birds are breathtaking visitors to our gardens. Everyone remembers when they see one. To invite these enchanting guests back to your garden again and again, you need to provide both food and shelter. Hummingbirds are prodigious feeders, eating half their weight in food each day. That would be like an average human adult eating 100 pounds of food every day! Hummingbirds rely on nectar and insects for protein. They prefer brightly colored red, pink and orange blossoms. Plant a wide assortment of successive blooming flower to attract humming birds for a long time.

## Food Plants

Lantana  
Butterfly Bush  
Impatiens  
Lupine  
Petunia  
Coral Bells  
Columbine  
Red Hot Poker  
Bee Balm  
Beard Tongue  
Agastache  
Hollyhock  
Aloe  
Alstromeria  
Butterfly Weed  
Spider Flower  
Foxglove  
Gladiolas  
Lobelia  
Lupine  
Geranium  
Sage  
Veronica  
Zinnia  
Trumpet Creeper  
Honeysuckle



## Shelter Plants

Honeysuckle  
Trumpet Vine  
Butterfly Bush  
Red Bud  
Flowering Quince  
Hibiscus  
Lantana  
Lavender  
Currant  
Lilac  
Weigela  
Moss

## Fuchsia

Fuchsias are one of the very best plants for attracting hummingbirds. In our region, they are grown as annuals and often placed in hanging baskets. They produce bright, showy flowers from spring to fall. Hang them on the porch or patio to encourage hummingbirds to feed there.

## Hummingbird Feeders

- Provide a sugar-water solution of one part sugar four parts water. Keep solution out during spring and summer and remove during the fall.
- Don't use honey as a sweetener because it can harbor fungi that are harmful to hummingbirds
- Place feeders in shade about 15 feet from cover and away from potential predators like cats
- Use a bee guard at the end of the tube to discourage bees.